RESOURCES:
DV hotlines and shelters remain open! Many are utilizing hotel space when needed

Virtual and remote services are being provided such as:
- Temporary Protective Orders
- Support groups
- Intakes and safety planning

If you or someone you know is experiencing Domestic Violence, call 1-800-33-HAVEN (1.800.334.2836)

SCAN QR CODE FOR LINK TO RESOURCES

When it's not "Safer at Home"
COVID-19 has heightened barriers for DV survivors

Isolation:
Abusers frequently isolate survivors as a control tactic. Unfortunately, isolation is what public health experts have recommended we must do to stop the spread of COVID-19, leading to more barriers for survivors seeking safety.

- Not able to see family/friends
- Working from home
- Less daily contact for someone to reach out to help
- Difficult to get away from abusers to get help and call a crisis line

Decrease in Income
Job Instability
Caring for Children
Schooling from Home
Conflict over Gender Roles
Financial Stress

Medical/Health Concerns
Abusers may be controlling survivors access to safety items such as:

- Vaccines
- Masks
- Sanitizers
- Reliable information about COVID-19

Survivors may have a fear of going to a shelter and being close to many strangers